

<b>Sunday</b>	10:45a-11:45a	Women's AA Meeting (Big Book Study) <i>Spiritual Fitness</i>
	7p-8p	Men's AA Meeting <i>Bill's Kitchen</i>
<b>Monday</b>	11a-11:30a	Guided Meditation
	3:30pm	Refuge Recovery
<b>Tuesday</b>	<b>10a-11a</b>	<b>Sunrise Peer Support Group</b>
<b>Wednesday</b>	9:30a-11a <i>(1st and 3rd Wednesday of each month)</i>	Reiki <i>Asheville Reiki Connection</i>
	<b>12p-1:15p</b>	<b>WRAP (Wellness Recovery Action Plan) Skills</b>
	7:30p-8:30p	Women's AA Meeting (12 & 12 Study) <i>Spiritual Fitness</i>
<b>Thursday</b>	10a-12p	Recovery Movie Morning
	7:30p-9p	<i>Refuge Recovery</i>
<b>Friday</b>	<b>12p-1p</b>	<b>Sunrise Peer Support Group</b> <b>RAW (Recovery &amp; Wellness)</b>
	1p-1:45p	Qigong (Chi-Gong)
	2-3:30p	SMART Recovery
<b>Saturday</b>	8pm	Heroin Anonymous

All groups are held at Sunrise Community Center and are no cost to the public. All are welcome.

**Highlighted Groups: Covered by ATR Voucher Program**