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| Sunday | 10:45a-11:45a | Women's AA Meeting (Big Book Study) <i>Spiritual Fitness</i> |
| | 7p-8p | Men's AA Meeting <i>Bill's Kitchen</i> |
| Monday | 11a-11:30a | Guided Meditation |
| | 2p-3p | Craft Hour |
| Tuesday | 10a-11a | Sunrise Peer Support Group |
| Wednesday | 9:30a-11a <i>(1st and 3rd Wednesday of each month)</i> | Reiki <i>Asheville Reiki Connection</i> |
| | 12p-1:15p | WRAP (Wellness Recovery Action Plan) Skills |
| | 7:30p-8:30p | Women's AA Meeting (12 & 12 Study) <i>Spiritual Fitness</i> |
| Thursday | 10a-12p | Recovery Movie Morning |
| | 7:30p-9p | <i>Refuge Recovery</i> |
| Friday | 12p-1p | Sunrise Peer Support Group RAW (Recovery & Wellness) |
| | 1p-1:45p | Qigong (Chi-Gong) |
| | 2-3:30p | SMART Recovery |
| Saturday | 8pm | Heroin Anonymous |

All groups are held at Sunrise Community Center and are no cost to the public. All are welcome.

Highlighted Groups: Covered by ATR Voucher Program